



# RUTH ALLISON

## DIRECTOR AND DRAMA FACILITATOR

I am a director and facilitator based in Greater Manchester with a particular interest in working with and for young people, and those young at heart. I have a flair for devising and directing community- engaged theatre, as well as facilitating drama experiences for groups who may not have regular access to the arts.

I enjoy making theatre that is playful, heartfelt, and celebratory of the voices of those who made it (whether this be through devised material, written text, or a mixture of both). As well as this, I am the holder of an enhanced DBS Check and First Aid At Work certificate.

## TRAINING:

### LIVERPOOL INSTITUTE FOR PERFORMING ARTS

*BA (Hons) Applied Theatre and Community Drama*  
2018-2021

Drawing upon my experiences as a performer, I have had the opportunity to collaborate with other students, industry professionals and the community of Merseyside to create a range of theatre that includes (but not limited to) Young Person's Theatre, Political Theatre and a large-scale Community Performance.

## SKILLS & INTERESTS:

Directing | Workshop Facilitation | Devised Theatre | Puppetry | Physical Theatre | Dance | Musical Theatre | Poetry | Singing | Theatre for Social and Political Purpose | Verbatim Theatre | Theatre Design | Community Performance | Microsoft Office & MacOS Computer Literacy |

## REFERENCES:

### DYALN TOWNLEY

Theatrical composer

### IMOGEN WOOLRICH

Previous Head of Creative Engagement at the Octagon Theatre, Bolton.

### JO-ANNE MAWHINNEY

CEO of The Georgian Theatre Royal, Richmond

Contact details available upon request.

## CONTACT ME:

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## EXAMPLES OF MY WORK

### *'No Regrets'* 2025

**Director**

Working with a company of 25 young actors, I directed 'No Regrets' (Gary McNair). In this role, I lead a team of young actors and professional creatives to deliver on my directorial vision, both in and out of the rehearsal room. This production was performed at The Octagon Theatre (Bolton) to a public audience, and at The Lowry (Salford) to an incredibly positive reception..

### *Untitled Research and Development Project* 2024

**Assistant Director, Facilitator**

Over a period of four weeks, I collaborated with a professional composer to garner personal experiences of a Bolton landmark from a group of local residents. Through an R+D process, these experiences were workshopped into 3 short songs/scenes, which were shared by said participants, to an invited audience of producers and supporters.

### *'Not a Christmas Carol'* 2024

**Co-Director**

Aiming to develop and celebrate the theatrical abilities of participants from three community groups at the Octagon theatre, Bolton, I co-directed 'Not a Christmas Carol' (Nicola Schofield). The final performance of 'Not a Christmas Carol' was shared at the Octagon Theatre, Bolton on 8th December 2024 to an invited audience of friends and family of those involved.

### *'A Creature of Habit', 'A Short Play' & 'Things We See in The Rain'* 2024

**Director**

Working with a cohort of professional actors, I worked to rehearse 3 contrasting short plays. The three plays were performed as part of a broader celebration of the work of Manchester play-write Nick Maynard at 53Two (Manchester), produced by Farewell Theatre Company.

*To find out more about these projects and further examples of my work, , please visit my website.*